



Washington Ear, Nose, and Throat
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You should **STOP** taking all **ANTI-INFLAMMATORY AND ANTI-COAGULANT MEDICATIONS** 7 days prior to your surgery/procedure date, these include:

ADVIL	GLUCOSAMINE CHONDROITIN	OXAPROZIN
ALEVE	IBUPROFEN	PLETAL
ANAPROX	INDOCIN	PIROXICAM
ARTHROTEC	LODINE	RELAFEN
CATAFLAM	LOVAZA	SALMON OIL
CELEBREX	MECLOMEN	SULINDAC
CILOSTALZOL	METHOTREXATE (STOP 14 DAYS)	TICLID
CLINORIL	MOBIC – MELOXICAM	TICLOPIDINE
CO Q10	MOTRIN	TOLECTIN
DAYPRO	MULTIVITAMIN	TORADOL
DICLOFENAC	NAPROXEN	TRILISATE
DOLOBID	NAPROXEN SODIUM	VITAMIN E
ETODOLAC	NIASPAN	VOLTAREN
EXCEDRIN (PM)	OMEGA 3	
FELDENE	ORUDIS	
FIORINAL	ORUVAIL	
FISH OIL		

Date to stop these medications: _____

If you are taking any of the following medications:

- **Plavix: stop 7 days prior to procedure**
 - **Aspirin: stop 7 days prior to procedure**
 - **Warfarin/Coumadin: stop 5 days prior to procedure**
 - **Prasugrel/Effient: stop 7 days prior to procedure**
 - **Apixaban/Eliquis: stop 3 days prior to procedure**
 - **Dabigatran/Pradaxa: stop 3 days prior to procedure**
 - **Rivaroxaban/Xarelto: stop 3 days prior to procedure**
 - **Phentermine/Adipex-p/Lomaira: stop 7 days prior to procedure**
 - **Aggrenox: stop 7 days prior to procedure**
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- Please let us know if you are taking any **OVER THE COUNTER DRUGS OR SUPPLEMENTS** of any kind.
 - Please **inform us of any and all ALLERGIES** you have, including **LATEX** allergies.
 - If you are taking **GLUCOPHAGE/METFORMIN** it **MUST BE DISCONTINUED** 48 hours prior to any **SURGERY** requiring anesthesia.